

News Release

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New Book *Tales of My Large, Loud, Spiritual Family* Provides A New Reality and Definition of Family

Los Angeles, CA--Numerous authors have written on the subject of family, yet one book takes a revealing and often provocative look at one of the most important purposes of family. The real life, true stories in this book will mystify, enchant, and change views on family dynamics forever.

Author and Russian native **Katherine Agranovich** is a tenacious, yet deeply spiritual woman on a mission to have people discover and understand the many gifts of family members (both living and passed on). Her first book ***Tales of My Large, Loud, Spiritual Family: Finding Peace, Purpose and Healing in the Chaos of Daily Life***, is the by-product of her Russian Jewish heritage, her 'American Dream' life in Southern California with her husband and five children, and her great curiosity about life and healing.

"There are many times to this day that I pinch myself when I think about all that I have experienced and shared in this first book," says Agranovich, who rarely shies away from being the most direct and passionate person in the room. *"And it is still just the tip of the iceberg as the story of my family continues to unfold now that our children are all getting older and more independent. In the same breath I find myself curious about how life will continue to turn out."*

Tales of My Large, Loud, Spiritual Family, which reads more like a film script than a book, begs comparison with the likes of sleeper hit films like **My Big Fat Greek Wedding** and the 1970's TV show **The Partridge Family**. Vividly told in great detail, it's a fascinating tale ranging from gripping stories of the Nazi invasion of Western Russia to life changing awakenings by the author and her family in America. Agranovich is the reluctant hero and healthy skeptic with each new metaphysical happening that takes place.

Inside the pages of *Tales of My Large, Loud, Spiritual Family*, Agranovich realistically depicts the memorable rollercoaster ride of mystical visions, spiritual insights and shocking premonitions that have occurred in her own home over the years. This non-fiction work gives readers a bright, detailed look inside the quirky, far out adventures of the Agranovich family, where the 'weird, crazy and abnormal' become the norm. In their family, otherworldly encounters are accepted like grades and shoe sizes, and homework sessions often become cosmic lessons.

Tales of My Large, Loud, Spiritual Family explores how to find peace, purpose and healing in the midst of the trials and tribulations of daily family life. It offers hope, courage and inspiration to parents committed to raising their children as well adjusted and self-sufficient human beings. For more information about *Tales of My Large, Loud, Spiritual Family: Finding Peace, Purpose and Healing in the Chaos of Daily Life* and author Katherine Agranovich visit: www.AchieveHealthCenter.com. The book is currently available for sale on Amazon.com and at other leading bookstores throughout North America.

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Tales of My Large, Loud, Spiritual Family is 176 pages.

Categories: Memoir/Psychology/Spiritual

Retail cost: **\$14.95** for paperback

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About Author Katherine Agranovich, Ph.D.

It was 2009 when in an effort to capture the miracle of her *Mikvah* experience and the birth of their fifth child, Katherine wrote her first essay for **Chabad.org**, which was translated into several different languages and soon made into a play by Chabad in Rome. This planted the seed for her to write her book ***Tales of My Large, Loud, Spiritual Family***, which is the first in a series of three books dedicated to sharing the many exciting insights about life and living that she has discovered through the help of family, both living and passed.