

## **Katherine Agranovich, Ph.D.—Healer, Mother, Wife & Visionary**

**Dr. Katherine Agranovich** is definitely living out a remarkable life and she has experienced more in the first 43 years than some people might in a few lifetimes. At the heart of it all is her deep love and appreciation for family, **Felix Agranovich** her husband and soul mate of 25 years, her five children, and extended family both living and passed on, that is the real source of her exciting, sometimes loud, and mystical life.

Katherine was born in Minsk, Belarus in 1970. It was a time when even this area of Western Russia (near the border of Poland) was experiencing great societal challenges, from feeding its people to still recovering from the horrific atrocities due to Nazi occupation there during World War II. Her Jewish ancestors had been persecuted throughout the war and public ridicule and discrimination occurred frequently against Katherine (ironically an *Atheist Jew* at the time) until she immigrated to the United States in 1992. It was the death/loss of her greatest dream, becoming a medical doctor in the then Soviet Union that was thwarted by the local medical examiner board because she was Jewish, that became an impetus for her to awaken and make big changes.

It was just a few months after marrying Felix, when he suggested they move to the United States to escape the constant discrimination as Jews and begin new lives in America. Three years later, after obtaining all of the necessary Russian and American government approvals, Felix, Katherine, their two year old son, and five other close family members boarded a flight to Southern California and there was no looking back. They were welcomed with open arms and received plenty of social and financial support from local Jewish community groups to help get them on their feet and begin the transition to the vastly different American lifestyle.

Katherine vividly remembers the culture shock of going to the grocery stores around their new home in Orange County and being able to find all of the food they needed without waiting hours in line as had always been the case in Russia. The other big adjustment was seeing the smiling people and friendly faces everywhere they looked. Her initial reaction to these smiling people was suspicion until she realized how accustomed she had become to the general repression and sadness of her motherland.

When Katherine was denied the opportunity to study medicine and become a doctor in Russia, she ended up training and getting certified as a Registered Nurse. Once in Southern California, she worked in a variety of medical settings for over ten years in between the births and care of her five children, four boys and one girl. Then in 1999, as result of her daughter's sudden life-threatening blood disease and the urgent need for alternative solutions, she had a turning point in her career. This experience led her to the path of discovery and awareness of holistic health and healing concepts...as well as opened up a very deep well of understanding about the generational story of her family and how the Universe truly works.

In 2004, Katherine established **Achieve Health Center, Inc.**, a holistic health center in Newport Beach, CA, helping people with a wide variety of mental, emotional and physical challenges Katherine holds a Doctor of Philosophy (Ph.D.) in Natural Health studies with High Honors from **Clayton College of Natural Health**. She is a Certified Medical and Anesthesiology Hypnotherapist and has completed comprehensive programs in Professional Hypnosis, Alchemical Hypnotherapy, Psychology of Hypnotherapy and Neuro-Linguistic Programming (NLP). Most recently, she received certification as a Reconnective Healing Practitioner Level III.

Then in 2009 in an effort to capture the miracle of her *Mikvah* experience and the birth of their fifth child, Katherine wrote her first essay for **Chabad.org**, which was translated into several different languages and soon made into a play by Chabad in Rome. This planted the seed for her to write her book ***Tales of My Large, Loud, Spiritual Family***, which is the first in a series of three books dedicated to sharing the many exciting insights about life and living that she has discovered through the help of family, both living and passed. There is already talk about a film and/or TV projects around her transformative book series. People from all walks of life and faiths continue to report physical, emotional and spiritual healing that occurs while reading this first book.